

Legal & Travel Checklist

A practical checklist to support informed, responsible travel decisions.

This checklist is designed to encourage awareness of legal considerations before transporting kratom. Laws vary by location and may change without notice. This document is provided for educational purposes only and does not provide legal advice.

How to Use This Checklist

Responsible use includes understanding and complying with applicable laws. Before traveling with kratom, review the legality at your destination and along your route. When legality is unclear, the safest option is not to transport.

This checklist is intended to support informed decision-making and reduce unnecessary legal risk.

Travel Details

Type of travel: Driving Flying Train Bus International
 Other: _____

Departure location: _____

Destination: _____

Travel dates: _____

Domestic Travel (United States)

Before transporting, confirm the following

- Kratom is legal in my destination state
- I reviewed county and city regulations, if applicable
- I verified laws in all states I will pass through
- I understand that possession laws may differ from transport laws
- I understand enforcement practices may vary by jurisdiction

Notes (optional):

Air Travel & Transportation Hubs

If traveling through airports or security checkpoints:

- I reviewed regulations at both departure and arrival locations
- I understand that security policies may differ from local retail laws
- I understand that legality at origin does not guarantee legality at destination

Notes (optional):

International Travel

Before international travel, confirm:

- Kratom is legal in the destination country
- I reviewed customs and import regulations
- I understand that penalties may be severe in some jurisdictions
 - I understand that unclear regulations increase risk
 - If legality is uncertain, I will not transport

Notes (optional):

General Risk Awareness

- Laws may change without notice
- Retailers cannot provide legal advice
- Responsibility for compliance rests with the individual
- When in doubt, the safest option is not to transport

Final Decision

Based on my review:

- Transport appears legal
- Legal status is unclear — I will not transport
- I need to gather more information before deciding

WHOLE EARTH -GIFTS

Responsible Use Reminder

Legal awareness is an important part of responsible kratom use. Thoughtful verification helps reduce risk and supports informed, lawful decision-making.

This checklist is provided for educational and self-reflection purposes only and does not constitute legal advice. Individuals are responsible for verifying and complying with all applicable local, state, federal, and international laws.